



2009-2010 SC Meet Schedule

Junior			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 10	8 and under	8 and under Circuit #1	Fort Eustis Aquatic Center, Newport News, VA
Oct 16-18	A/BB/B/C	SEVA Meet (9 and overs)*	Midtown Aquatic Center, Newport News, VA
Nov 7	8 and under	8 and under Circuit #2	Fort Eustis Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD Meet (9 and overs)*	Midtown Aquatic Center, Newport News, VA
Dec 5-6	B/C	WAC B/C	Fort Eustis Aquatic Center, Newport News, VA
Dec 11-13	BB+	SEVA 12&Y BB+ Christmas Meet	Fort Eustis Aquatic Center, Newport News, VA
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Fort Eustis Aquatic Center, Newport News, VA
Jan 30	8 and under	8 and under circuit #3	Fort Eustis Aquatic Center, Newport News, VA
Feb 5-7	A/BB/B/C	ODAC Age Group Meet*	ODU, Norfolk, VA
Feb 19-21	B/C	Southeast District Championships	Midtown Aquatic Center, Newport News, VA
Feb 26-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar 18-21	QT	Virginia Swimming SC Age Group Championships	CAC Christiansburg, VA
Mar 27 or 28	Non AG Qualifiers	8th Annual CGBD Blow-Pop Intra-squad Meet	Midtown Aquatic Center, Newport News, VA

*Coach approval for Junior swimmers



2009-2010 SC Meet Schedule

<u>Age Group</u>			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 16-18	A/BB/B/C	SEVA Meet	Midtown Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD Meet	Midtown Aquatic Center, Newport News, VA
Dec 5-6	B/C	WAC B/C	Fort Eustis Aquatic Center, Newport News, VA
Dec 11-13	BB+	SEVA 12&Y BB+ Christmas Meet	Fort Eustis Aquatic Center, Newport News, VA
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Fort Eustis Aquatic Center, Newport News, VA
Feb 5-7	A/BB/B/C	ODAC Age Group Meet	ODU, Norfolk, VA
Feb 1-21	B/C	Southeast District Championships	Midtown Aquatic Center, Newport News, VA
Feb 16-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar 18-21	QT	Virginia Swimming SC Age Group Championships	CAC Christiansburg, VA
Mar 27 or 28	Non AG Qualifiers	8th Annual CGBD Blow-Pop Intrasquad Meet	Midtown Aquatic Center, Newport News, VA
Apr 1-3	VSI Selected Meet	Eastern Zone SC Age Group Championships	Rochester Webster Facility, NY



2009-2010 SC Meet Schedule

<u>Prep</u>			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 16-18	A/BB/B/C	SEVA Meet	Midtown Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD Meet	Midtown Aquatic Center, Newport News, VA
Dec 5-6	B/C	WAC B/C	Fort Eustis Aquatic Center, Newport News, VA
Dec 11-13	BB+	SEVA 12&Y BB+ Christmas Meet	Fort Eustis Aquatic Center, Newport News, VA
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Fort Eustis Aquatic Center, Newport News, VA
Feb 5-7	A/B/BB/C	ODAC Age Group Meet	ODU, Norfolk, VA
Feb 19-21	B/C	Southeast District Championships	Midtown Aquatic Center, Newport News, VA
Feb 26-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar 18-21	QT	Virginia Swimming SC Age Group Championships	CAC Christiansburg, VA
Mar 27 or 28	Non AG Qualifiers	8th Annual CGBD Blow-Pop Intrasquad Meet	Midtown Aquatic Center, Newport News, VA
Apr 1-3	VSI Selected Meet	Eastern Zone SC Age Group Championships	Rochester Webster Facility, NY



2009-2010 SC Meet Schedule

<u>Senior</u>			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 16-18	A/BB/B/C	SEVA Meet	Midtown Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD Meet	Midtown Aquatic Center, Newport News, VA
Dec 5-6	B/C	WAC B/C	Fort Eustis Aquatic Center, Newport News, VA
Dec 11-13	BB+	RSA Christmas Meet	Triangle Aquatic Center, Cary, NC
Dec 10-12	Jr National	SC USA Junior Nationals	Columbus, OH
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Fort Eustis Aquatic Center, Newport News, VA
Feb 5-7	A/BB/B/C	ODAC Age Group Meet	ODU, Norfolk, VA
Feb 19-21	B/C	Southeast District Championships	Midtown Aquatic Center, Newport News, VA
Feb 26-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar	Jr National	SC NCSA Junior Nationals	Orlando, FL
Mar 19-22	QT	Virginia Swimming SC Age Group Championships	CAC Christiansburg, VA
Mar 27 or 28	Non AG Champs	8th Annual CGBD Blow-Pop Intrasquad Meet	Midtown Aquatic Center, Newport News, VA
Apr 1-3	VSI Selected Meet	Eastern Zone SC Age Group Championships	Rochester Webster Facility, NY



2009-2010 SC Meet Schedule

High School			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 16-18	A/BB/B/C	SEVA Meet	Midtown Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD Meet	Midtown Aquatic Center, Newport News, VA
Dec 5-6	B/C	WAC B/C	Fort Eustis Aquatic Center, Newport News, VA
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Fort Eustis Aquatic Center, Newport News, VA
Feb 19-21	B/C	Southeast District Championships (14&Younger)	Midtown Aquatic Center, Newport News, VA
Feb 26-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar 11-14	QT	Virginia Swimming SC Senior Championships	UVA, Charlottesville, VA
Mar 19-22	QT	Virginia Swimming SC Age Group Championships	CAC Christiansburg, VA
Mar 27 or 28	Non AG or SR Champs	8th Annual CGBD Blow-Pop Intrasquad Meet	Midtown Aquatic Center, Newport News, VA
Apr 1-3	VSI Selected Meet	Eastern Zone SC Age Group Championships	Rochester Webster Facility, NY



2009-2010 SC Meet Schedule

<u>National Prep and National Team</u>			
<u>Date</u>	<u>Type</u>	<u>Name</u>	<u>Location</u>
Oct 16-18	A/BB/B/C	SEVA A/BB/B/C	Midtown Aquatic Center, Newport News, VA
Nov 13-15	A/BB/B/C	CGBD A/BB/B/C	Midtown Aquatic Center, Newport News, VA
Dec 3-5	Sr Nationals	SC USA Sr Nationals	Federal Way, WA
Dec	B/C	WAC B/C	Ft. Eustis Aquatic Center, Newport News, VA
Dec	BB+	RSA Christmas Meet	Triangle Aquatic Center, Cary, NC
Dec 10-12	Jr National	SC USA Junior Nationals	Columbus, OH
Jan 16-17	A/BB/B/C	WAC A/BB/B/C	Ft. Eustis Aquatic Center, Newport News, VA
Feb 5-7	A/BB/B/C	ODAC Age Group Meet	ODU, Norfolk, VA
Feb 19-21	B/C	Southeast District Championships	Midtown Aquatic Center, Newport News, VA
Feb 26-28	QT	Tidewater Region Championships	Midtown Aquatic Center, Newport News, VA
Mar	Jr National	SC NCSA Junior Nationals	Orlando, FL
Mar 11-14	QT	Virginia Swimming SC Senior Championships	UVA, Charlottesville, VA
Mar 27 or 28	Non SR Champs	8th Annual CGBD Blow-Pop Intrasquad Meet	Midtown Aquatic Center, Newport News, VA
Mar 26-28	QT	EZ Sectionals	Germantown, MD
Apr 1-3	VSI Selected Meet	Eastern Zone SC Age Group Championships	Rochester Webster Facility, NY