
Individual Records Report for CGBD-L

2010 VSI LC Age Group Championships 29-Jul-10 to 01-Aug-10 LC Meters Alt: 2000
Coast Guard Blue Dolphins [CGBD-VA] Coach: Steve Hennessy

Girls 13-14 100 Free

59.76	Amanda Wilding at PVS LC Senior Champs	7/20/1990	CGBD
59.11 **	MaryElizabeth J. Warhol at 201 0 VSI LC Age Group Championships	7/29/2010	CGBD -VA

Girls 13-14 200 Free

2:09.14	Natalie Griffith at LC Junior Nationals	8/2/1996	CGBD
2:08.70 **	MaryElizabeth J. Warhol at 201 0 VSI LC Age Group Championships	7/29/2010	CGBD -VA

Girls 13-14 100 Back

1:07.41	MaryElizabeth J. Warhol at VA LC Senior Championships	7/23/2009	CGBD
1:06.15 **	MaryElizabeth J. Warhol at 201 0 VSI LC Age Group Championships	7/29/2010	CGBD -VA

Girls 13-14 200 Back

2:24.41	MaryElizabeth J. Warhol at 2009 VSI LC Age Group Champs	7/30/2009	CGBD
2:22.32 **	MaryElizabeth J. Warhol at 201 0 VSI LC Age Group Championships	7/29/2010	CGBD -VA

Boys 8 & Under 50 Back

42.28	Corey Pollard at VSI LC AG/JO's	7/28/1994	CGBD
41.77 **	Conor S. Sokolowsky at 2010 VS I LC Age Group Championships	7/29/2010	CGBD -VA

Boys 8 & Under 100 Back

1:32.46	Conor S. Sokolowsky at OBX Swimaroo 2010 A/BB/B/C Meet	6/5/2010	CGBD
1:29.91 **	Conor S. Sokolowsky at 2010 VS I LC Age Group Championships	7/29/2010	CGBD -VA