



# COAST GUARD BLUE DOLPHINS SWIM TEAM

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## STANDING RULES

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### **Membership:**

1. The primary purpose of membership in Coast Guard Blue Dolphins (CGBD) Swim Team shall be for competitive swimming.
2. The Board of Directors (hereinafter, the Board) will approve the Head Coach's recommendation for team size, based upon availability of practice time.
3. Regular attendance at practice, in accordance with requirements established by the Coaching Staff, is expected. If a swimmer does not meet the required number of practices, the Coaching Staff will determine whether or not that swimmer is entered into swim meets.
4. In accordance with recommendations of the Coaching Staff, swimmers are expected to enter as many meets in their classification as possible.

### **New Members:**

1. The Full Time Coaching Staff, in conjunction with the Head Coach, will evaluate every prospective Team Member in the water. Group registration/evaluation sessions will be held near the end of both Long Course and Short Course seasons. Each swimmer's evaluation will consist of one length of the pool in each of the competitive strokes. Speed does not count in the evaluation and performance of the individual stroke is the most important criterion. Experienced swimmers moving to the area during the rest of the year will be evaluated and accepted on an individual basis. The Head Coach, based upon personal knowledge of a local swimmer transferring from another team, may waive the evaluation requirement. A coach will notify every swimmer (parents) by phone within one week of registration/evaluation to discuss acceptance to the Team.
2. Membership information and forms will be provided to each prospective Team Member. Each swimmer being evaluated by the Coaching Staff must complete an application. Those swimmers selected for membership will be required to pay a registration fee within 5 days of notification. This non-refundable deposit will be applied to the Virginia Swimming/USA Swimming registration fee, the first month's dues, and the swimmer's meet entry escrow account. Both the swimmer's application and the registration fee shall be submitted to the Team Administrator.
3. Members joining the Team after October will pay dues in the amount approved by the Board. The amount will be based upon a prorated share of the dues and fundraising requirements for the remaining months of the year.

### **Returning Members:**

1. Team Members returning from the previous year will have their membership continued automatically, unless the Board determines they are not in good standing for

reasons to include but not limited to lack of payment of financial obligations, for disciplinary reasons, or for lack of participation.

2. All returning Members will complete registration forms.
3. Virginia Swimming/USA Swimming membership for returning members may be paid at any time during September.
4. College or prep school swimmers who have previously been members of CGBD may train with the team during school breaks at Thanksgiving, Christmas, and in the spring, provided there is room and the Head Coach approves. Swimmers in this category who wish to train during the summer months must pay fees as determined by the Board and must be members of USA Swimming.

**Resignation:**

1. If a Member wishes to resign from the Team, he/she must submit a letter of resignation to the Board. When all fees are paid in full, the resignation will be accepted in good standing.
2. If a Member resigns in the period of time including June through August, he/she will not be reinstated for the next fall's membership unless all fees for that period of time are paid in full.
3. Team Membership will be suspended and/or terminated for not meeting financial obligations. An attempt to recover any funds owed to the team will be made in small claims court.
4. Any Members who have previously resigned from the Team in good standing can apply for readmission to the Team. Members who have not previously met financial obligations or have had their membership terminated for disciplinary reasons will not be reinstated.

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