



COAST GUARD BLUE DOLPHINS SWIM TEAM

TEAM TRAVEL STANDARDS OF CONDUCT

The Coast Guard Blue Dolphins (CGBD) Swim Team (athletes, coaches, and parents) are proud representatives of the United States Coast Guard Reserve Training Center - Yorktown, Virginia. Proper behavior has a positive influence on individual and team performance and projects a positive image for all to recognize and respect.

As a swimmer/athlete member of CGBD, I agree to abide by the CGBD Code of Conduct and Team Travel standards of conduct outlined below during the time I am participating with CGBD as a member of travel team throughout the 2007-2008 swimming year:

Article I. The following are Category I Standards:

Section 1.01 All swimmers will display proper respect and sportsmanship towards coaches, chaperones, officials, administrators, fellow swimmers, and the public.

Section 1.02 All swimmers and staff members are required to be on time to all team meetings unless excused by the designated lead coach.

Section 1.03 No ordering of Pay-per-view movies or video games from the hotel television.

Section 1.04 Swimmers must travel in groups consisting of a minimum of two same gender swimmers at all times.

Section 1.05 Consequences for Category I Standard violations (per trip) are:

- (a) **First offense: verbal warning from chaperone/coach**
- (b) **Second offense: written warning to parents**
- (c) **Third offense: one trip suspension from the next entered travel team**

Article II. The Following are Category II Standards

Section 2.01 Any outward show of romantic affection is deemed inappropriate. In other words, swim meets are not to be construed as "Date Night at the Pool"

Section 2.02 No prank phone calls.

Section 2.03 Swimmers must adhere to curfews established by the coaches and chaperones. At curfew swimmers must be in their assigned rooms with the lights out, television and radios OFF.

Section 2.04 Swimmer will be held liable for damage done to property at any time during the trip. This includes the hotel, bus, vans, pool, restaurants, etc. Damage under \$100 would be considered a violation of the Category II standard.

Section 2.05 Upon arrival to a designated location (hotel, competitive venue, restaurant, or other designated location) swimmers may not leave. Under some conditions or circumstances this could be elevated to a Category III Standard violation.

PLEASE COMPLETE AND RETURN TO THE TEAM ADMINISTRATOR

Section 2.06 **Consequences for Article II standard violations (per season) are:**

- (a) **First offense:** immediate parental notification
- (b) **Second offense:** two trip suspension from the next two entered travel team
- (c) **Third offense:** meet with the team board

Article III. The Following are Category III Standards

Section 3.01 **No Swimmers alone in a room with a swimmer of the opposite gender.**

Section 3.02 **Swimmers are prohibited from possession and use of illegal substances and/or use of tobacco and alcohol. Likewise, swimmers will not abuse prescription or non-prescription drugs.**

Section 3.03 **All swimmers, coaches and chaperones will immediately report any alcohol or substance abuse during the travel trip to the lead chaperone.**

Section 3.04 **No swimmer will pressure or attempt to coerce any other swimmer to participate in any violation of the standards of conduct.**

Section 3.05 **Consequences for Category III Standard violation at any time are:**

- (a) **All consequences will be applied to the first offense**
- (b) **Suspended from team travel for rest of current season and all of following season**
- (c) **Immediate return home**
- (d) **Meet with team board for reinstatement to team travel. Reinstatement must approved by the team board.**

Article IV. Other instructions, standards, and consequences

Section 4.01 **If for any reason during the trip you have a problem, emergency, etc., contact a chaperone or coach immediately.**

Section 4.02 **Follow all rules given during the trip by coaches and chaperones.**

Section 4.03 **Anyone who, in the opinion of the lead coach attending the trip, acts in a manner that would interfere with the objectives of the trip will be subject to immediate return home (at the swimmer's expense) and restriction from attending future out-of-town meets with CGBD Travel Team.**

Section 4.04 **Continuing violations of the rules will require a meeting with the board and possible long term suspension from Team Travel.**

Swimmer's Name: _____	Swimmer's Signature: _____	Date: _____
Parent's Name: _____	Parent's Signature: _____	Date: _____